

# DEVELOP A GROWTH MINDSET IN YOUR STUDENTS

KEY STAGE 3 & 4



There is a growing recognition of the positive impact a Growth Mindset has in increasing resilience, confidence, engagement in learning and attainment.

A Growth Mindset course at Plas Gwynant will help your students to develop:

- Resilience through physical, social and emotional challenge
- A recognition of failure as a key to success
- Effective communication skills
- Leadership techniques - making decisions and managing results
- Empathy, support & understanding of others



"Inspectors will make a wider judgement on the personal development of learners by evaluating the extent to which the curriculum and provider's wider work support learners to develop **character** - including their **resilience, confidence, and independence** - and help them to know how to keep physically and mentally healthy"

OFSTED FRAMEWORK 2019

Each course:

- has focused objectives developed in partnership with school
- contains progressively challenging, experiential activities
- uses journals to support learning and extend impact
- is led by qualified, experienced tutors in a supportive atmosphere.



For more information contact Dan Jackson, Senior Tutor on:

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