



EDGMOND HALL CENTRE
FOR OUTDOOR LEARNING

—

DESIGN OUR MASCOT!

—

PRIMARY & SECONDARY CATEGORIES
PRIZES TO BE WON!

DESIGN A WELLBEING MASCOT FOR EDMOND HALL

CAN YOU HELP US?

We would REALLY like to have a character to help us spread the word about the importance of our wellbeing. However, we are not sure what this character should look like or be like. And that's why we need YOU!

Could you help us out by drawing or using a computer to create a wellbeing mascot?

YES? BRILLIANT, THANK YOU!

We would love it to be a character that would:

- ★ be a good listener
- ★ understand that we can look after our wellbeing by promoting and doing the "Sandwell Feel Good 6"
- ★ understand all those different feelings that we have
- ★ be warm and friendly and promote positive wellbeing.

Be really creative with your design. Have a think about colours and characteristics that the mascot might have.

A FEW THINGS THAT MIGHT HELP:

SANDWELL'S FEEL GOOD 6

Wellbeing is about feeling good and doing well in our day-to-day lives. Sandwell's Feel Good 6 are actions we can take to improve our wellbeing.

- ✓ **Connect** - meet up, build relationships and make friends.
- ✓ **Move** more - getting up and about can make you feel great!
- ✓ **Notice** - take time, stop and focus on the moment; enjoy the outdoors
- ✓ **Learn** - try something new, see what's out there and surprise yourself
- ✓ **Give** - giving your time by doing something nice for someone else can help make you feel great
- ✓ **Talk** - talk about what's important and how you are feeling

WHAT IS EDMOND HALL?

- ✓ Edgmond Hall is a Centre for Outdoor Learning where children stay overnight on a school trip.
 - ✓ It is a converted farm with small animals, surrounded by nature, where children enjoy learning together.
 - ✓ It is a place to have fun, discover more about yourself, be adventurous, and make memories to share.
- Find out more at sandwellresidential.co.uk

Deadline for entries is July 31st 2020.

There are prizes for both Primary & Secondary ages, and an overall winner! Winning entries will have their ideas made in to our mascot at the centre, and used on our website. Winners will also get a goodie bag!



DESIGN A WELLBEING MASCOT - ENTRY FORM

NAME: _____

AGE: _____

SCHOOL: _____

TOWN: _____

Please send your entry to
edgmond_hall@sandwell.gov.uk, or post to:

Deadline July 31st 2020
Visit www.sandwellresidentials.co.uk/mascot

Wellbeing Mascot Competition
Edgmond Hall Centre for Outdoor Learning
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